



**Wayne V. Polek, MS, MD**  
**ISMS President**  
**2011 - 2012**  
**St. Charles, IL**  
**Anesthesiology**

# Archived Materials



Illinois State Medical Society

# President's Forum

## 2011 ISMS President Wayne V. Polek, MS, MD

Wayne V. Polek, MD, St. Charles, was inaugurated President of the Illinois State Medical Society (ISMS) during its 2011 annual meeting over the April 15-17 weekend. He is a board-certified anesthesiologist affiliated with Kane Anesthesia Associates, S.C. in Geneva.

Dr. Polek has been active in ISMS since 1989, most recently serving as President-Elect. For five years he represented Kane and McHenry counties on the ISMS Board as a District Trustee. In addition, he has held positions on numerous councils and committees, including the Council on Communications; Council on Membership and Advocacy; and the Finance and Medical Benevolence Committee. Dr. Polek chaired the special committee on membership in 2006-2007.

Locally, Dr. Polek has served as President; Vice President; Secretary/Treasurer; and Councilor of the Kane County Medical Society and is currently its historian. He has published several research papers in scientific and medical journals, including: the *Journal of Clinical Anesthesiology*, *Anesthesiology*, and *Current Microbiology*.

Dr. Polek received his undergraduate degree from Loyola University, Los Angeles. He received a Master of Science degree in microbiology from California State University, Long Beach, and his medical degree from St. Louis University School of Medicine. Dr. Polek spent his residency at Michael Reese Hospital, Chicago and Loyola University Medical Center, where he also completed fellowships in cardiovascular anesthesia and neuroanesthesia.

In addition to his state and county medical society affiliations, Dr. Polek is a member of the American Medical Association, the American Society of Anesthesiologists, and the Illinois Society of Anesthesiologists.



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**President's Address Apr. 22, 2011**  
**Part 1**



**President's Address Apr. 22, 2011**  
**Part 2**

## ***The State Journal Register: Letter – Consider ‘advance directive’***

This time of year it's fairly common for doctors to hear about the health-focused resolutions our patients plan to pursue. Typical plans include dropping a few pounds, training for a marathon, cutting down on caffeine, and other wellness pursuits. Illinois doctors wish our patients well in 2012.

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One important and simple resolution you might consider is completing an advance directive. This legal document

helps to make your medical wishes clear in case you become incapacitated. Using a simple form, you provide guidance for what you want done and whom you trust to make your medically related decisions.

The Illinois State Medical Society has a free resource called "A Personal Decision," which contains a sample advance directive form and other useful health-care planning tools. You can download a copy at [www.isms.org](http://www.isms.org) or have one mailed to you by calling (800) 782-4767.

Illinois doctors wish you a happy and healthy New Year.

— Wayne V. Polek, MD, president, Illinois State Medical Society