

**RESOLUTION 09.2022-18 (A-23)**  
**BIRTH CONTROL AND PROPOSED RESEARCH ON SIDE EFFECTS**

**ISMS Board Action Taken on 10/22/2022**

**Did not adopt Resolution 09.2022-18 (A-23).**

Council on Medical Service Recommendation to ISMS Board on 10/22/2022

The Council heard from the resolution's author that medical students may not be fully aware of the myriad of side effects and risks of taking oral hormonal contraceptives. Some of this may be the product of the state facilitating the dispensing of oral contraceptives at the pharmacy without a physician's prescription, and young patients' assumption that such easy access is a result of little or no risk to utilization.

Several members stated that numerous national medical specialty societies had done significant studies and major promotions around the risk profiles and possible side effects of taking oral hormonal contraceptives. Additional concerns were raised about introducing legislation in support of continued research on the side effects of oral hormonal contraceptives. The Council therefore approved a recommendation not to adopt this resolution, but did offer the author opportunities to work with staff to continue to educate medical students about the possible side effect profile of these medications.

The Council on Medical Service recommends that the ISMS Board of Trustees not adopt Resolution 09.2022-18 (A-23).